

Bag Breakfast

2026–2027 • Weekly menu • Monday through Friday

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast item Cinnamon Toast Crunch & Trix cereal bars	Breakfast item Donut holes	Breakfast item Cinnamon Toast Crunch muffins	Breakfast item Cinnamon pull-aparts	Breakfast item Pop-Tarts
Juice Orange juice	Juice Apple juice	Juice Orange juice	Juice Apple juice	Juice Berry-Good juice

Milk: Daily choices include 1% unflavored milk and 1% flavored milk (chocolate and/or strawberry).

Menus are subject to change. For food allergies or meal accommodation requests, contact Food Services: Jay Hunt • (502) 776-5236 • jay.hunt@westendschool.org.

How to use this menu

The following pages show the three-week rotation for middle school hot breakfast and lunch. Contact the school to confirm the rotation week for a particular date.

Middle School Hot Breakfast

2026–2027

WEEK 1 OF THE THREE-WEEK ROTATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Entrées Turkey sausage pancake stack; Cinnamon Toast Crunch cereal muffin	Entrées Breakfast boats (turkey sausage, egg & French toast); cinnamon mini pull-apart rolls	Entrées Turkey sausage breakfast pizza; chocolate donut bites	Entrées Chicken biscuit; Eggo pancakes	Entrées Turkey sausage, egg & cheese sandwich; biscuits & gravy
Fresh fruit Banana	Fresh fruit Orange slices	Fresh fruit Apple slices	Fresh fruit Red grapes	Fresh fruit Strawberries
Juice Orange juice	Juice Apple juice	Juice Apple juice	Juice Orange juice	Juice Apple juice

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Lunch

2026–2027

WEEK 1 OF THE THREE-WEEK ROTATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Entrées Wild Mike's pizza; Uncrustable	Entrées Original or spicy chicken patty; cheese stick & Nutri-Grain bar	Entrées Beefy cheese burrito; corn dog	Entrées Bosco sticks; yogurt & whole-grain graham crackers	Entrées Hamburger or cheeseburger; mac & cheese bites
Vegetables Garden salad; green beans	Vegetables Creamy mashed potatoes; sweet peas	Vegetables Salsa; golden sweet corn; refried beans	Vegetables Fresh veggie cup; steamed broccoli with cheese; marinara sauce	Vegetables French fries; baked beans
Fruit Sliced peaches; fresh strawberries	Fruit Fruit cocktail; pineapple	Fruit Cinnamon applesauce; fresh orange slices	Fruit Apple slices; fruit cocktail	Fruit Strawberry-mango Sidekick; apple slices

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Middle School Hot Breakfast

2026–2027

WEEK 2 OF THE THREE-WEEK ROTATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Entrées Turkey sausage & biscuit; Lucky Charms & Trix cereal	Entrées Chicken biscuit; pancake poppers	Entrées Turkey sausage breakfast pizza; chocolate donut bites	Entrées Egg & cheese biscuit; donut holes	Entrées Turkey sausage, egg & cheese sandwich; Cocoa Puffs & Trix cereal
Fresh fruit Banana	Fresh fruit Red grapes	Fresh fruit Orange slices	Fresh fruit Red grapes	Fresh fruit Strawberries
Juice Orange juice	Juice Apple juice	Juice Very Berry juice	Juice Orange juice	Juice Apple juice

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Lunch

2026–2027

WEEK 2 OF THE THREE-WEEK ROTATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Entrées Lasagna roll-up & roll; Uncrustable Vegetables Garden salad; Italian vegetable blend Fruit Strawberry applesauce; banana	Entrées Chicken Alfredo & roll; cheese stick & Nutri-Grain bar Vegetables Broccoli; Crazy Cucumbers; marinara cup Fruit Banana; orange gel cup	Entrées Walking tacos; Fiestada Vegetables Salsa; golden sweet corn; refried beans Fruit Orange slices; cinnamon applesauce	Entrées Chicken tenders & roll; yogurt & whole-grain graham crackers Vegetables Fresh veggie cup; steamed broccoli with cheese Fruit Apple slices; sliced peaches	Entrées Chicken drumstick & cornbread bites; mac & cheese bites Vegetables French fries; baby carrots Fruit Strawberry-kiwi Sidekick; fresh red grapes

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Middle School Hot Breakfast

2026–2027

WEEK 3 OF THE THREE-WEEK ROTATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Entrées Breakfast boats (turkey sausage, egg & French toast); powdered mini donuts	Entrées Turkey sausage biscuit with egg & cheese; strawberry & cinnamon Pop-Tarts	Entrées Chicken bites & gravy; Dutch waffle	Entrées Chicken biscuit; Lucky Charms & Trix cereal	Entrées Turkey sausage, egg & cheese sandwich; cinnamon rolls
Fresh fruit Banana	Fresh fruit Orange slices	Fresh fruit Apple slices	Fresh fruit Red grapes	Fresh fruit Banana
Juice Orange juice	Juice Apple juice	Juice Grape juice	Juice Orange juice	Juice Apple juice

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Lunch

2026–2027

WEEK 3 OF THE THREE-WEEK ROTATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Entrées Spaghetti & meat sauce with garlic toast; Uncrustable	Entrées Philly cheesesteak; cheese stick & Nutri-Grain bar	Entrées Nacho Grande; Fiestada	Entrées Mandarin orange chicken; yogurt & whole-grain graham crackers	Entrées Breaded chicken sandwich; mac & cheese bites
Vegetables Garden salad; cauliflower bites	Vegetables Creamy mashed potatoes; green beans	Vegetables Salsa; golden sweet corn; black beans	Vegetables Fresh veggie cup; vegetable blend; marinara sauce	Vegetables Tater tots; steamed broccoli with cheese
Fruit Fresh berry cup; sliced peaches	Fruit Mandarin oranges; strawberry applesauce	Fruit Applesauce; fresh orange slices	Fruit Apple slices; orange gel cup	Fruit Blue-raspberry Sidekick; banana

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